

There's HOPE for ADHD

without Medications

“Send your child back to school this fall with improved attention and concentration, better study skills, increased self-esteem and politeness.”

Does Your Child Have Difficulties With?...

- Poor Concentration or is Easily Distracted
- Frequently Fidgets or Difficulty Remaining Seated
- Poor Organization (loses or misplaces things)
- Avoids Tasks That Require High Concentration
- Over Impulsive
- Acts without Thinking
- Forgets Things Required for School
- Makes Careless Mistakes

(If so, your child may suffer from ADD/ADHD.)

Now There's a Drug-Free Treatment Program That Really Works!

Dr. Paul Sullivan and Dr. Jay Gattis are teaming up again this summer to offer a unique summer treatment program that uses Neurofeedback and skills training, both of which are proven effective treatments for symptoms associated with ADD/ADHD.

Here is what some parents are saying after working with Dr. Sullivan:

“The change in my son was Amazing after just a few sessions!
He was happier, was less angry, concentrated better, and slept better.”

“I haven't had to fight with my daughter to pick up her things, or to keep her on-task.
She is a different Child.”

Ask about our SPECIAL SUMMER SAVINGS



Call now to enroll in this special summer program.

714-432-0042 ext 23

2900 Bristol St. Suite A108 Costa Mesa Ca. 92626

*Some restrictions apply and space is limited for this special offer. See back for details.

What is Neurofeedback?

Neurofeedback is an effective DRUG FREE treatment for symptoms commonly associated with ADHD without the use of strong psychoactive medications and the side effects that accompany them. Neurofeedback is NOT shock therapy. It measures electrical brain activity, the electroencephalogram (EEG), and is sometimes called EEG biofeedback. Neurofeedback has been around for decades but recent advancements in technology and treatment protocols have greatly improved its availability and effectiveness.

Neurofeedback is based on hospital technology that monitors brain neural activity using sensors placed on the scalp. The EEG signal is then filtered into signals that correspond, for example, to states of relaxation, alertness, or stress. This information is analyzed by a computer and monitored by the therapist while visual and auditory feedback is given to the child via a second computer.

Neurofeedback gives us direct access to the central nervous system and allows us to reward the brain for changing its own activity to more appropriate patterns. Neurofeedback specifically targets the areas of the brain that need "tuning up." With Neurofeedback, the brain actually changes instead of just adding a chemical to mask the symptoms of the dysregulated brain.

Dr. Paul Sullivan

Dr. Sullivan is a Licensed Clinical Psychologist and co-director of the Psychological Enrichment Center. He has been in practice for nearly 10 years working with children, adolescents, adults and couples. He specializes in the diagnosis and treatment of ADD/ADHD. He also frequently works with people experiencing depression, anxiety, and other emotional instabilities. He participates regularly in consultation and research groups.

Dr. Jay Gattis

Dr. Gattis is a Licensed Clinical Psychologist and graduate of Biola University's Rosemead School of Psychology. Since 1999, Dr. Gattis has provided individual psychotherapy with adjunctive Neurofeedback to adults, adolescents and children struggling with depression, anxiety, ADHD, relational and spiritual issues.

Program details:

- Program begins in July and runs through August. Summer participants will qualify for discounts beyond August if needed until treatment is finished.
- Neurofeedback is offered 1 to 4 times per week based on individual needs of the client.
- Social skills and Study skills training groups are offered weekly based upon individual client needs.
- To qualify for special program discounts, consent must be given for data gathered and treatment results to be used in published research. All identifying information will be kept confidential.
- To qualify for special program discounts, clients must maintain at least minimum treatment participation levels.
- Participants will receive a discount of 20% on regular treatment costs of Neurofeedback (reg. \$130) and skills training groups (reg. \$60). Some additional need based scholarships are available but space is limited. Call now and ask for details. Occasionally, individual or family counseling is necessary to maximize treatment benefits. These additional forms of therapy will also be available at a discount if they become necessary.
- Participants will receive discounts from regular priced ADHD assessment battery of \$500 (Summer special \$260). Discounted assessments include verbal feedback session. Written reports available at additional cost. With completion of minimum program requirements, participants will receive a FREE follow-up assessment including computerized test of attention, and parent and teacher rating scales to measure treatment progress.
- Dr. Sullivan has been very successful in eliminating or greatly reducing the symptoms of ADHD. However, as is true with all treatments including medications, results vary from individual to individual and not everyone benefits from these procedures.

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